

## Healthy Fundraising Ideas

The sale of healthy food and non-food items is a public demonstration of the school's commitment to promoting healthy behaviors among students, families and the community at large, while helping schools meet their financial needs.

### HEALTHY FOODS\*

Fruit baskets  
 Fruit & yogurt parfaits  
 Low fat, whole grain muffins/loaves  
 Oranges/grapefruit/apples  
 Smoothies  
 Vegetable platters  
 100% fruit juice boxes  
 Homemade soup  
 Homemade salsa/tomato sauce

### ITEMS TO SELL

Balloon bouquets  
 Bath accessories  
 Books  
 Calendars  
 Candles  
 Cookbooks  
 Christmas trees  
 Coffee mugs  
 First aid kits  
 Flowers, bulbs, plants  
 Gift wrap  
 Greeting cards  
 Magazine subscriptions  
 Clothing with school logo  
 Tupperware

### ACTIVITIES

Community dinner  
 Art show  
 Auction  
 Walk/Dance/Bike-a-thon  
 Bowling night  
 Car wash  
 Carnival  
 Craft sale  
 Scavenger hunt  
 Fun runs  
 Golf tournament  
 Hoola hoop/Jump rope-a-thon  
 Magic show  
 Raffle  
 Bottle drive  
 Talent show  
 Garage sale  
 Bingo



**\*Food should be nut/peanut free**

